
HOW TO ENTER

Completed entry and membership forms should be sent to:

ANTHONY DARR
Administration Officer
Orienteering Association of NSW
PO Box 3295, North Strathfield, 2137

Ph: 02 8116 9848 • Email: orienteering@sydney.net

ENTRIES CLOSE 15 MAY 2011

PAYMENT

Payment by direct deposit is preferred. Please make direct deposit to the account details below. Direct Deposit details are:

Bank: ANZ Bank Account **Name:** Orienteering Association of NSW

BSB: 012-294 **Account Number:** 227701709

IMPORTANT: To identify payments, the Direct Deposit Reference must be "SJOL" followed by the Initial and Surname of the entrant(s). (Eg. Paul Rodgers = "SJOL PRODGERS")

If you are unable to pay by direct deposit Cheques can be made payable to:
"Orienteering Association of NSW"

RISK

In entering this orienteering event you should recognise that the sport of orienteering is a recreational activity that may involve significant risk of physical harm and has certain inherent and obvious risks due to its conduct in both urban and natural environments.

Included in these risks are injury due to: rough terrain and obstacles; the effects of heat, cold or other adverse weather conditions; plant and animal life; vehicular traffic; and remoteness to medical services or evacuation difficulties if you are disabled.

You should recognise that orienteering can be a dangerous recreational activity and the enjoyment of orienteering is derived in part from the inherent and obvious risks associated with the activity.

You should be aware that there is no personal accident insurance on your participation in the sport and you participate at your own risk.

Competitor

Parent/Guardian

Date: / / 2011

NOTE: Results will be published online and photographs of participants may be used for the promotion of orienteering. If this is of concern, we would be grateful if you would notify the Association in writing.

JUNIOR COURSES

Course difficulty will range from very easy navigation (suitable for most 10 year olds) through to challenging navigation for experienced orienteers.

Course length will range from the very easy course at 1.5 to 2kms to the hardest course which may be up to 8kms long.



Sydney Junior Orienteering League

2011

Suitable for
beginners and experienced orienteers
aged 10 to 18 years.

The Sydney Junior Orienteering League is supported by
aussieogear.com

For more Junior Orienteering League information
please contact Anthony Darr on 02 8116 9848
or email orienteering@sydney.net

Orienteering Association of NSW
PO Box 3295,
North Strathfield, NSW 2137

www.nsw.orienteering.asn.au



ORIENTEERING NSW

ABN 45 062 472 184



ORIENTEERING NSW

Sydney Junior Orienteering League

2011 EVENTS

DATE	LOCATION
22 May	Frenchs Forest
19 Jun	Centennial Park
26 Jun	Doonside
24 Jul	Pennant Hills
7 Aug	Cattai
21 Aug	Waverton
4 Sep	Callan Park
18 Sep	Lake Parramatta

INFORMATION

ORIENTEERING CLUB AND COACHING

To participate in the Junior Orienteering League you need to become a member of an OANSW club. You will then have access to a club coach to help you along the way. Orienteering club information and membership details are available under the 'Clubs' tab on the Orienteering NSW website.

EQUIPMENT

Essential equipment is an orienteering compass and a plastic whistle.

COST

Series entry is \$60. This fee will cover your entry for all 8 events. (Please note, no refund is available if you do not participate in all 8 races)

EVENT INFORMATION

Once you have registered we will email you newsletters with additional details on all events.

Your start time at each event will generally be between 9 and 10am. However you should allow yourself time to warm up, talk to a club coach and familiarize yourself with course details prior to starting.

In addition to entering as an individual, you may also choose to enter as a part of a team of three. If you have two friends that you would like to be with, please let us know or we can try to find a team for you.

SERIES PRIZES

During the Series, points will be awarded to entrants based on placings in each event. At the end of the Series, prizes will be awarded to competitors that accumulate the most points from their 5 best events. There will also be a trophy for the champion club and a number of lucky draw prizes.

ENTRIES CLOSE 15 MAY 2011.



ENTRY FORM

Sydney Junior Orienteering League 2011

NAME	
YEAR OF BIRTH	MALE / FEMALE
ORIENTEERING CLUB	
SCHOOL	
TELEPHONE	
MOBILE	
EMAIL	
ADDRESS	
IF YOU OWN A SPORTIDENT STICK, WHAT IS THE NUMBER?	
PREFERRED COURSE	<i>(please circle one)</i>
Blue	(Very easy navigation)
Green	(Easy navigation)
Orange	(Moderate navigation)
Red	(Hard navigation)
DO YOU HAVE ANY MEDICAL ISSUES RELEVANT TO PARTICIPATION IN A BUSH RUNNING EVENT? YES / NO <i>(If Yes please attach details)</i>	
EMERGENCY CONTACT	
EMERGENCY MOBILE	

TEAM DETAILS

WOULD YOU LIKE TO BE PART OF A TEAM? YES / NO
<i>I would like to be in a team with...</i>